



Thank you for supporting ATE, we are so excited that you want to participate in our 2800 Mile Challenge – the distance as the crow flies between our UK office and where we deliver our development initiatives in Upper West Ghana. It's a big target and it's great that you'd like to be involved!

Here's a short guide to help you get started and make the most of your 2800 mile experience!

1. Choose your activity and your target distance – this can be any activity, no matter how wacky, that can be measured over a distance. And the more people that participate with you, the more miles we can accumulate!
2. Set up your fundraising page at <http://www.btplc.com/mydonate/> - don't be afraid to make your page stand out with photos and why supporting ATE is important to you. Or download a sponsorship form from our website
3. Share your challenge on social media and via email. Keep your friends and family updated with any training you're doing (these miles count towards your target too!) with post-work out pics and don't forget to use our hastags: #2800MileChallenge #ATEGhana
4. Keep us at Action Through Enterprise updated with your challenge through social media so we can support you as you go along and add up all those miles!
5. Enjoy and good luck!

If you have any queries, don't hesitate to contact us at: admin@ateghana.org